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# CYCLING

**PLUS**

FOR PEOPLE WHO LOVE TO RIDE

**BRILLIANT  
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## CYCLEOPS JETFLUID PRO

**£224.99** Almost silent runnings

**THE JETFLUID PRO** is the latest fluid resistance trainer from CycleOps. It works by having a fluid filled chamber with an 'impeller' that rotates through the liquid like a boat's propeller. As it turns this pushes the fluid towards the outer edge, creating resistance. Keeping the temperature of the unit down is essential for maintaining a progressive resistance and CycleOps does this with its patented airflow channels.

It's a pleasingly straightforward machine to use; no external adjustment is necessary and you can be riding this within minutes. The resistance infinitely adjusts with your power and is impressively progressive and even. Included with CycleOps' Pro series trainers is a workout DVD for both experienced riders and novices, providing a tough but intuitive workout. The best feature, though, is the noise – it's the quietest trainer we've used. It isn't cheap but this stable, simple and quiet winter training aid is highly recommend.

[www.paligapltd.co.uk](http://www.paligapltd.co.uk)

[www.cycleopsproseries.com](http://www.cycleopsproseries.com)

Pricey – but simple, stable  
and very quiet

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